Rr 20250628_0715 - s.j barrett - endtheschism@gmail.com - fb page: Conscience Culture

7/15

836

Biking today

905

Nope, it's voluntary , could accomplish something, like shit then shower before kitchen

907

Coffee n cigs

Been sleeping in past 2 days

Does seem to help an extra hour in morn

6am wake was needing a midday nap, still getting

926

Coulda gone on a run bleh

931

336

Fb post:

~spitballin'/brainstorming~

Redesigning the Pyramid of War - With a Pyramid of Universal Human Needs

"Collective conscious" - 3rd Party Watchdog, Emergency Prepared Healthcare Provider, Communicatiions and Backup Systems

Essential Minimalism (an added stipulation to the constitutional (swiss) bunkers)

I. Essential Nutrition Systems Kit (6 in order of least to most effective/ space saving, minimal input) + Backpack II. Communications (edu.multimedia magazine, gathering data/ surveillance, storing data) + III. Emergency Shelter (all weather proof)

616

Charging phone, hot af

619

Exhausted, exasperated, heat, need new dew rag, lost the 2nd hanker in 3 weeks

626

7/14

843

Initial cig, first of the day, did not alleviate, but increase respiration/ angst, types of tobacco, probably a different kind or different group of people, interesting how that happens. A more consistent type of tobacco would be helpful.

Noticing sensitivities, shoulder, spine, legs, need morning stretch.

848

[v] Meet ben about phone, other plans and works ... gets off at 3, have kitchen 10-2

[ ] Check in community housing and complete other apps

854

Lots of useless conversation

323pm send the secretary of state an email..

Rough draft sent to bens

324pm

[ ] Create new hanker

[ ]

325, the most i can accomplish

Good power, switch bed z

Make

331

552

Cig jonesing

See how a morning run reduces the daily need

Changing the addiction to breath

[ ] New single page printout... to distribute, can borrow lewis' bike

742p

7/13

1232am

Bus schedule

1239

1am

705

725

[ ] Book edit, computer lab

[ ] Diy local materials; Watches, micro chips and circuit boards

[ ] Coding from phone,

[ ] Knitting pack idea

733

Waking up groggy or just at "half power")

744

Poo

745

838

932

Thank you for the pen again

Great conversation with luke "2" (how many lukes ever in world, how many spencers, Joseph's, barretts)

Etymology of

1. Spirit (to inspire, respire, breath) &

2. Reactive (unconscious to breath, acting in preprogramed neural pathways, expectations, sub/un/ conscious bias)

3. Responsive (conscious breath, able to over come reactionary muscle memory with "mind")

4. Religion (to bond, changed through history to "authoritarian narrative" recognized by luke "2". Defined by sjb as more in line with communication, as much words help bond/ create/ share understanding, even if the word is "no" the very effort to speak is with expecting an understanding/ agreement/ response/ contract/etc)

9

Sharing the theory of the dream world, transference, social/ group narratives

"You're my next patient"

Collective morality survival function, quantum telepathic witnessing transference to better estimate/ prepare/ adjust to group standards. Dormant uniting factor. The effects of narrative control/.

958

Wishing to record, he left after my grief on the matter of lacking device functionality and memory storage

1002

Finding the roots of community addictions

Authoritarian family narratives, lack of transparency, control freaks,

1003

1030

1045

1226

Sleepy, might just nap - need to charge phone? 20%

1227

1229

1230

Yeah, nap... we 1¹1

215pm

227pm

Menthol mint plane is an anasthetic/analgesic

Have both tobacco and Marijuana digestive assistance. Without the heavy chemical additives

"Balanced"/"impartial"(since it may not exist, impartiality, then to identify the group values from which to be partial)/"unbiased" Music Playlist analyzation by AI... (

"Oh I'll just let my phone tell me what to do"

Its a great planner/ calendar/ organizer / compiler

So many folders in one

To expand your self direction capabilities.

#puzzle people

Measuring free will. Levels of responsiveness, piaget,

Muscular- motor, concrete, preformal, formal, meta systematic inter- group

234pm

Needs to be conservative, limited use

If on same team, collaborations,

More likely

235pm

240pm

Really hot nap

The best joke ever - sasha berren cohen YouTube side vid just before phone died

245

Get to the charger, Luke said in Arnold voice

A bit sick, need stretch yoga

246

Shadow casting

A more accurate approximation

Everyone has a "cult of personality"

All religions are a cult

Cult is just short for culture

,

252

Lil flower child, smart flower, star child

254

257

313

[ ] Ben. Working Phone, towers

351 charging. At 17%

412pm 31%

550pm

To sit and edit on a computer could contact and go by 7am tomorrow morning

550pm

Gerry got called out for shitting in the shower without cleaning up. He completely denied it first, then offered to after enough group opinions and quoted effects of diss ,mºociation...

There's a big difference between completely leaving a nasty mess and elderly care memory facilities.

6pm

Stressors

621

647

659

702

7/12

[ ] Get Daily planner/ calendar

[v] Need shoe laces, fb post about pack in blaine call again??

1006am

Good educational p

354pm

"I got it all, i got all your case numbers"

439

Families bleed because of corporate greed

And monopolizing weed is virtually impossible, so it won't be legalized and that's another obstacle" - immortal technique

"Cause I'm trying to save the earth and you're just getting in line to..."

446pm

Accidentally add camel/marlboro tobacco to my pouch - a bit too many chemically

504pm

925pm

[v] Shoa

1030pm

[ ] Post reddit photo collage

1050

1053

1100

I blame it on society

I blame it on the

7/11

610am

625

[v] Need 2+ grocery bag for snacks organize bag better

[v] Grab the seeds for shoe freshen and sage

628

Free day, could get mountain bike then go up Mckenzie a bit see if garbage still there

630

A bunk to myself would improve dream recall

New t shirts? Have minimal 2

Phone limitations

Communication limitations

"Jeremiah" spinning in circle pink shirt media creation yesterday with the aliens

634 hunter allidon and hunter communications "synchronicity"/ synthesizing*

641 forgetting morning shower hygiene yoga routine amidst group static/ stationary (manifesting culture of movement, the bodies natural disposition. Inhibited by societal design flaws). Patience in realizing new group synchronization periods, expect one week delay/jet lag

740

How to accomplish more quicker

Even if the answer is: less and slower

745

Gotta make lots of garbage. Its just what we do. Get up, 6am get to work, make that garbage.

Just a little critical of addressing quality and quantity and long term impacts of group behavior

752

[ ] Potato towers ben "why wouldn't you be prepared" find og papers

[v] Bathroom

836

Good job, i went to bathroom. And again

Hydrating is nice

953

[v] Design quarter page template to cut and pass out updated petition

[v] Find and compare/shorten / condense old petitions

[v] REVOLUTION OF PUBLIC HEALTH

[v] TRANSPARENCY INITIATIVE

[v] City mandate (all 3 ON CC MARCH/ SPRING 2025 QUARTERLY)

[v] Add the newest communication system petition to the lot (in "pictures") cut out extra words, make demands straightforward and easy to read ...**** the "how to end racism..." and supply chain images with slavery analysis are pretty essential to keep along side**** i like the images even ark but need to simplify / make smaller to fit on quarter, and can just provide references/ vision list to this quarterly

1008

Just feeling the group depression/ stationary/ static/ hard to move out of quick sand/ sludge

The motivation did when i began to sit still with other broken no offense

We are the held down/ grieving / and sick

The general "housed" public is as well, and even more so in some ways...

The point is, multiple solutions: constant movement to spaces with more unified productivity, and just trying to escape the local cloud of unconsciousness. Its more the staffs fault than any of the clients, sadly, they could inspire people more, life is exciting, we have a lot of collaborative potential and a lot of tools we can more readily incorporate.

Sometimes the tv is attractive to many sitting in front of it, but we can make the outdoors attractive again. Lots of learned helplessness i presume or project, as most do.

What will help? Water, lunch is soon, maybe i will plan to leave after. And can get the prints done in the next hour.

1030

Still need to shower and stretch today

But the single page quarter things do need to get printed

If i want to do a"productive" day of explicit [voluntary and informed] outreach

Its not hard to do

Wondering where the energy went? Does all our energy go to the staff to support the continued oppression/ false narrative?

Been was helpful in keeping the momentum going and increasing it for a time until i went static

1045

Hungry. Just waiting for lunch, could quick shower before

1049

Dislike for the confrontation authoritarian domination complex

Enjoy the new testament

He only confronted afew people strictly, money changers (temple), mother (true family), who else?

He healed the poor, sick, sinners

1231

It doesn't matter if someone is scared after a long enough time they won't do anything about it. Scared of self, or others, well founded fears in just repeating myself because the environment has the same questions over and over again. Learned helplessness is real. Presumed/ estimated judgments. Repeated false beliefs i keep encountering, which are not mine, but held by a collective unconscious false narrative, bad science, not available for all to access or peer review.

1239

Heading out

552pm

Another successful day

Handed out 10 quarterlies

Picked up trash by the river

Got 2 big bags of 3 typedpotatoes

621pm

7/10

1242am

Charging cellphone

Gonna have to sit,

1250

10% charge, not so bad in 10 minutes

1251

Thinking of something productive

1259

20% charge, pretty decent

101am

Getting pretty sleepy bed to tooth brush then pass out.

834am

[ ] Need phone number for gofundme

949 heading to kitchen

950

Lost glasses?

952

- went to work kitchen, then downtown fountain hunter braggart, was Trips birthday, nice beard, kiva then bus stop "crisis"

7/9

1150

Going to dmv for new ID, bus expected at 1152

1155

{Blah blah blah}

Oh what to write about in my

1210

Currently at number w836

My number is w889

50 people in front of me!!!

Yay for the exxiting dmv waiting process

What a great way to build community!

What possibilities or time potentials do we miss?

1212

The art of patience

Could be reframed as

The art of a slow and poorly run government, poor time management

Hoe many people skip going to the dmv because od the dreaded wait time

And poor ventillation

And ungodly architecture.

1215

Now serving w839

Less than one per min... approx 50 min wait time at this rate

1216

And they dont even have public wifi! Gross

1217

Beautiful day for a time in the park?

Time to swim in the sewage willamette?

Herd immunity! I'm creating a virus/ vaccine*!

{Already said that}

But i didnt write it!

1218

To place a lot of value/ attention on something, draws other peoples attention/value.

To greater or lesser degrees, to different populations. I wonder if you can strengthen your influenxing power!? Hmmm advertising agencies please reveal your secrets/magic!/crimes????

To what degree is a knowledgeable person committing crimes if they dont share their knowledge?

Is it an obligation?

Well, its a long term investment. The community continuing beyond the individual, theoretically/hopefully*!

But we also want the right to privacy...

Some inventions though, would be worthy to share, if you could trust the government to share it with... too bad the government sucks at transparency efficiency

1222

It's funny, the government likes making people wait

They don't even want to help people accomplish more things.

1223

The grunting of a nearby man..

As if my writing is drawing the attention

Or disease

Out of him

{Oh please share, we love to steal/enslave} (the current powers at hand)

Hmmm...

Well if only

I could please/heal the disease

But the false fathers love to vegetate/put to sleep/ decrease energy/ excitement/ motivation

For it scares them and their pooly trained chakra/ intellect/energy centers

Maybe when the real shift happens

It was theorizedby not me but others

Like the movie "the happening"

A bunch of the "old programs"/false fathers will self-combust

But the government is to blame

For the majority of related cases

Health management

Their knowledge far exceed their level of sharing that knowledge/ Healthcare

They profit from creating addictions

They overdose/"self- combust" people themselves... so to determine between "at the hands of god" vs "at the hands of men" is hard to say. For if our preparations/"mans knowledge of god/the-natural-world/ health/ the-body"

All these people, are they waiting for answers!?

No they're just pretending to be at the dmv

What a fun movir

The most exciting movie

"The dmv"

2 hours long

1232

W845

1233

W847

1233

They just wanna see you wait, soldier!

Wait for them goddamit, and look good doing it! Vacate and remain still, like an unpowered electronic device!

1234

It is actuallu really sad we all have to wait here for this long. Why would the government do this to us!!!

Why does our government suck so bad!!!

If all this time is spent, criticizing the slow, unhealthy, poorly managed government, i guess it might become a productive hour.

How many words can i swipe in an hour?

I often find breaks/lapses/empty-space/blocks in writing after a certain amount of time.

Unfortunately i have another reason for the pauses breaks in thought/ attention/ breath

Increase of environmental distractions/ unknowns/ unpredictables.

To discover the true reason fora Legg scratch, or a face touch. Social ques, a Mark/signal for a needed input

1239

Uh oh this muxh energy/attention expended, causing a shift.

I could be public conversationalist

But if it's not transparent, might as well just let the conspiracies retain

Sadly. They have so much power to hide/rewarite/ change the narrative

Even huge events are well covered from the public.

If anything does reach the news, you can be sure the government designed it that way. Because they are particular.

1242 w857?

30 more minutes to waste, and be drained by the connective unconscious leeches breath suckers or lack of (not their fault) collextive direction/the mission to save the world! How long we've been unable to, (a government of detractors, dissolvers of social groups and movements) and maybe we coulsnt actually do anything about it until surveillance/ communications got that good? I'm wondering about all the poor excusea/ deficient beliefs the government has for the whole waiting to collectively pa

1246

W852

Might as well just take a nap, well, actually i dont know

The force seems reasonably balanced today. In terms of group projections on the sides of dark and light. Dark being hopeless negative light being hopeful positive ...

To speak on such allusions, or to better define, even the 2 dark(negative views of human nature) light(positive views of human nature - obviously this is relative, too much light can be just as annoying or "bad" for mind, body, spirit as too much dark

And everyones unique preferences

Exhibit the uniqueness of the natural world... and the ability for so many differing preferences to each find their own unique space in this world and all able to live in harmony!

If only we could emulate nature!

Whats getrtng in the way, arent we nature?

Whats stopping nature from its natural organizational abilities?

Could it be, a governing-structure/societal-organization flaw.

1254

{That's what nate does!}

What? Scratch clothing food stains? I'm sure alot of people do that. But surely, genetic familiarities, as well as the nurture (shared environment, sub/un/conscious reflections/ mirroring first 18 or so years and then especially/ESPECIALLY the transference of expectations and my willingness to please/familiarize/ reduce-anxieties.

1257

{Whatre you writing about}

My ability to actually respond/remember/be-myself ia dependent on

1248

W854

Yes, i think they're actually going slower for everyone else, just to spite me. Theyre literally destroying the world, in retaliation of my persistant demand for justice/equality/health/truth.

Of course in being mostly sarcastic, yet the possibility exists.

They might determine it valuable to sacrifice all these peoples needs/time/priceless-life

102pm

W857 we were at w836 at 1210

That meana its at a rate of

We've only done 21 people in 42 minutes...

...

One every 2 minutes doesnt sound so bad

30 numbers left is approximately one whole hour of waiting. But maybe more employees will return to speed things up so i will just take a 15 min smoke break...l1

110pm

To slow down my breath

Breath meditation

Id just go to sleep... a bit tired

But got an essential 5 hours atleast

112

If the dreams are in fact sometimes or the majority of times, the collective subconscious. Your narrative really matters

If I'm having dreams based off other people's false assumptions of me. (Which is a survival mechanism, quite basic, for our sub/superconscious to pick up and relay subtle inferences, as a means of collective evolution/etiquette/ courtesy - too bad many don't remember their dreans and even worse when the collective has defamed individuals or the collective view on human nature)

118

Heart rate at double its necessary speed.

Poor breath, poor sleep,

{Why so serious/ expedient*?}

Because we can do so much more!!!! And we are given only a limited time on this earth, so if we can go faster, comfortably, harmonically

122pm

Currently at w864

Only 22 left (they only accomplished 7 in 20 minutes...)

That would mean i still have like ~40-50 min left at this rate [of change]

Ugh

125

There is this deep bass machine reverberating, might just be an ac or fridge or car in parking lot? It reduced upon my calling it out. I swear!

126

Shitty headphones, manufacturing tricks to increase sales (increased halflives for products means more produxts are bought in the same amount of time, duh, everyone already knows this, and for quite sometime, but we're unable to demand a more ethical/fair/effixient/accountable government because _____

and someday ill be old and laugh at rhe youth trying to change the machine too.

131

"Couldve come at a different time, woulsve been a lot less evil. Couldve scheduled something... yeah, its the state" a man spoke up and things for a short time the numbers seemed to speed up in response...

133

W866

Still 22 left

Now 867

136

This lady next to me is reading the happineaa hypothesis, i swear i listened to the audio of that on pct 2020

I could ask about it, but the fact i forgot most of it kinda juat makes it leas cool than "my" hypothesis "its the state"

138

What ia this desire to: prove oneself

Or share oneaelf

Or collaborate

Or conversate (not superficially, but with real record/listening and action)

140

Contagious laughter

Oh no!

Were all clowns/jokers!!

It is nice happiness ia contagious

But ofcourse it could go so wrong! If we had world peace and everyone was just happy!

Well that was a joke, but where it can actually, and often does go wrong, is when you have unmet needs/concerns/griefs and the "happy" people ignore them.

I actually enjpy the lightheartedness, in a space like this where being concerned/needy/sad/desperate does not actually help.

So how can we be happy AND meet our collective needs/grievances?

With safe guards for all potential detractors/distractions/co optors and bad actors... every social movement/group/demonstration needs their own security guards so that their movement doesnt get side-/highjacked/gas-lighted

143

W871

Yay only 17 more!!!!

147

It will be likely a 2 hour total wait time for me. And as such i have the right to demand payment at the minimum wage rate for the time that was stolen drom my life by the government. For a service (ID replacement) which could (with modern technology) and should be, instantaneous. (Did i put that last comma in the right place?? depends on your grammar nazi)

150

W872

151

Sleepy yawn time

I remember when lauritzen taught me to not yawn so obtrusively

Was it 10th grade?

It is really hard to contain a yawn, it almoat looks like a world swallowing. I ate the whole world in one yawn. But here we still are.

The point was, i am muxh better at auppressing yawns now, becauae i so offended lauritzen. He dis aee my shame at being kixked outta that xlass, and ofxourse that satsifies any teacher (change of behavior. discipline, shame, reflex control)

Atleast he saw me on his front lawn finishing up the corvallis half marathon.

He was actually one of my(and im sure most other atudents) favorite teachers at cvhs.

159

Quite a juucry/juicey* fruit/pear* (sometimes i leave the errors if it seems poetic or funny enough, many times i dont catch the errors :()

2pm

I doubt the ventilation is good enough for this many people (written in response to a fellows complaint of being tired)

And now the conversation on car accidents

Atleast, ATLEAST I CAN PRETEND TO PAY ATTENTION!!! *one gold star applied to my forehead/baldspot/bellybotton

204pm

In general i refrain from eating apple seeds, cause cyanide (presumed sleepiness)

But i ate this pears seeds, dropped one.

206pm

W875

209pm

So apparently, appointments are a thing. But the number of walkins far exceeds that. And on defense of the laxidazical free spirited public, many do not

have rhe priviledge to control their day to day schedule that much, and thus our government should be better at accomodating the "walkins" for i bet that many do not even know the option for appointments exists at the dmv...

212pm

I have really spent most of this time writing. I will microsoft word count "my"(how can ownership exist beyons the insividual body, ideas fleeting and ahared, {blah blah blah, ownership theories,}({ i posses my family but if they do not xonsent then i have better things to do ;)} words in 2 hours

2007 words in 2 hours = 1000 words per hour = 16.67 words per min = 0.27 words per second (or ~ 1 word every 4 seconds). Damn that's slow for typing, but for phone swiping... is kinda cool to see i can produce that many words.. but

{BUT!?!}

theres always a but, at the end. Because there isn't actually an end. Maybe when you poo it ends for your body, but the poo gonna go somewhere, AND you gonna make more poos.

So.. i forgot what i was initially gonna "but" with, but this shall do.

Too bad i don't make a living from all my hard work.

{Its not hard}

How about you pickup cigarettes and sleep on the streets and at shelters! And love with almost no possessions. And suffer the suffering of the many, feel my suffering! FEEL IT.

{THAT DOESN'T SOUND LIKE YOUR SUFFERING}

I didn't get to take acting classes!!!!! Why!? I want to convince you I'm suffering. We're suffering! {Please! Convince us! }

No, i can't help convince you. And why should i want to suffer so much? I reduce most except for enough to maintain my own "greed"/"selfishness"/ earth-pact (i decided to not share so much with people not collaborating with me long term, which is basically everyone from my past, based on their communications with me (obviously collaboration includes me in the universal dream, even if they don't need me or never did, atleast i promoted it, to the best of my limited abilities)

229pm

W886! Yay!

W887! Almost there! Only2 more

Atleast i can be my own friend

Or pretend to be optimistic or nurturing or motherly

Or pretend to not pretend to defame myseld or others, even more than we already have?

230

How do i write so much garbage thats sometimes poetix and beautiful

Id like to think i really care a lot

231 its not only that i like to look like im doing something, but i actually am!

239

So the state is forcing me to cancel my whole srivera license and motorcycle endorsement

Because this alip covera and id

But not my drivers license reprint

Thats the problem i ran into last time, not wanting to have to retest for everything.

But fuck it, im trying to leave this shithole country

And i need an ID

The government had me surrender my driver license

To get a free ID, thats actually more expenaive (47 for this id)

$35 for new id print for oregon driver license

In re: do you really want to surrender your drivers license

"Whatever im trying to leave this country. And be more environmental. And my family suxks asshole... im ready for everything to burn. Just kidding, i think every house needs an emergency fire proof shelter (duh, i even make Swedens conspiring look bad)"-sjb

But i really shoulda said, why the fuck doesnt this form also papply to a drivers license

(Cause tina kotek hates hobos n jesus)

Sorry to grieve at you nice receptiom lady, youre not in charge of this whole shit show (can. Tina kotek even do anything?)

{Shouldnt have said mt name}

Never said it biatch, someone wrote it

Probably cia

Or trump

I just

I dont

Eye nose

,

256

If only we had a science

That could actually prove

303

344

Opening account with key bank

Great, now i can do my Kickstarter tonight.

Was limited by lack of ID, transportation and time

347pm

Being

512 good spot, above the scum (air pollution density)

545

Kickstarter with additions can do quickly 30 min

709

718

Still got an hour to finish up the Kickstarter

720

723

752

756

Still an hour of wifi time

Nice

Still cooking down

Hope to improve running 2 weeks

757

Shoulda selfie with "read" shirt

759

8am

international Security for social movements and cities

801

They may exist, but are they transparent?

Also add essential function of collective conscious: to allow all a say

Good workout

Small/ short but effective

In pumping blood

806

I'm not a conformalist*

812

815

817

822

Could go but can accomplish a lot right here

823

828

Thanks, im barrett by the way

No response, might not have spoken loud enough

Oh well

Nice to charge and have internet

832

Morning shift

833

Peace out, enjoy the nap

834

[ ] Forward?

837

Small charge decent, just uploaded new

846pm

Not enough power for tonight, oh well.

847pm

Name: spemcer joseph barrett

"Beds not made"

"Yeah it is, im right next to the skylight, jacket hanging off"

850

Well

904

911

Reinhabiting the gardens koran

912

918

919pm

920pm

938

Spicy spencer

938

950

Brendan

951pm

Down with the echo chambers!!!

Increase public library wifi hotspots

Drfining the universal browser:

Leadership transparency

Ai real time reference and worldwide connections instantaneous.

Peer review subreddit activate

1001

Brennan

All forms of programming:

Questionnaires is a form of programming

1002

7/8

321am

1135am

Gotta leave in an hour 1240 20 min walk

Or head to library then emx it? Or vice versa.

1155

Low motion, static, low blood flow need stretch.

Nice Gift of Seneca

[ ] Easier to create new rr at pub library

1158

1258

Arrived at the community shelter

Need to fill out the application for services

Done

212 at white bird

[v] Need proof was here

20125 going to do front door assessment

240

Is there any low barrier shelters or churches for secure night sleep for other than dusk to dawn

-- received list of housing shelters --

256pm

339pm

Fill out other applications/ shelters

434

Good conversation with rose/keethran*

Nonprofit management

1. Holistic science, objective psychology template

2. Backup system/ natural holistic alternative option, universal housing

3. Watchdog, emergency prepared Healthcare provider

Collaborative potential

448

456

Horrible phone issues

458

Could take a nap

524

Just downloaded aarons (homefree123) survival cards , awesome resource

237

Making

238

Amidst

7/7

[v] Dates and facts (find and exhibit divorce lies from Arizona) compare to oregon 6/30/2023 divorce

[v] Find habeas state

(In mit pack) as well as 8/8/22 judge and court error

708 something bad in the shelter coffee, can't do heavy paperwork under its effects, probably a vegetative anti-psychologic (aka "anti psychotic")

Decreases attention span, increases environment noise and distraction.

Normally coffee helps speed and will...

Would love to test it...

Mormons who don't trust chemical composition of plant medicine coffee but use synthetic manmade chemicals "anti-psychs" to kill the will power of their fellow man.

826

[ ] White bird housing, id's,

935am

Called white bird nest 930am 5413421295 left voicemail, call back in 10

Called Melinda community supprted shelters 5413573294 935am spoke to her,

450

Watching instagram shorts

And the world of egos

A little off putting

So much creation

To join

Reporting on stories

Creating local news outlet group

Seems already done

So many platforms

Tiktok, Instagram, YouTube, Twitter, Facebook

How to...

452

Still waiting to Kickstarter

Need bank

Need id's

Need travel to corvallis Oregon state credit union or get new local account

Requirement for Kickstarter

517

How to help

Hunger

Gaza

And elsewhere

How to create

A government

That cares about its citizens voices, and the rest of the world

519

So hot today, so sleepy. Missed my alarm to go to white bird, will so 2 birds one stone tomorrow (community supported shelters n white bird)

542

630

Found good crime map app "news break" Sean lookin up the SOs

Good resource, easy to use, had trouble awhile back finding that info

635

709

Punk, might as well, duck the system

They killed the hippy

An old skit, the hippy is dead because the media made human nature look like shit

710

7/6

"Teach us something!" Fat smoker voice who lays with his ass uncovered below me in view said last night, the same one who tried implanting ideas of "the shift" when i woke up that night of the 4th~10pm

Sad, they all become my enemies

WHEN OBSERVATION GOES WRONG

And the observers cause the observed

To not act in their nature, due to the observers not acting in theirs

A reflection of ignorance

How much hatred the observers cause

The parents to their children

After not listening over and over again

So i would love to teach a bunch of retards something, but they aren't doing anything legitimate with it. They're hard in the wrong directing, led by a wrong leader, they don't know what being humane is. Theyre not humanist, they're not human. The observers in charge of the surveillance state and various illegal human experimentations.

Gas man Luke already confessed he was beginning to feel guilty about protecting his religious views and invading privacy, but then he de individuated/ resolved his dissonance with a certain set of beliefs.

Wanna know what those set of beliefs are?

They'll allow anyone to feel fine with invading privacy, even murdering.

Its the same as the nazis.

"You're all rapist pedophiles"

That's the belief,

But they lack a basic education in understanding history, or peace or compassion.

Done might actually consent to being watched, maybe loved daughters who didn't have the freudian father odipus complex pushed onto them.

These historical bias that effect the family unit. General "masculine" (afraid to be intimate, close with same sex. "Icky ee gooey", etc) cultures. They've created while groups of people who hate that feeling.

Im not an actor, i hate the lack of listeners, I'm not going to act in love when I'm in hatred of the negligent surveillance state.

"Take as long if a shower as you want, no rush" - (not like the shower is available 24/7 and is often empty/ unused, you fucking retard) gas man luke who chants Japanese mantra and speaks of going to Israel after head injury to view the book of names.

They can keep sending in agents with misinformation of me, too completely duck with my own sense of self, their own convinced narratives.

"THIS IS WHO YOU ARE"

Actually know, if you'll give me the tools to express myself, instead of enslaving me in your retarded conditions.

Here let's move them place to place, all we have to do is annoy them, kids, uncomfortable noises subtle threats.

That's not human, what you're doing to your homeless is genocide. You idiots really don't feel guilty, that's how you proved the conscience doesn't exist for those in power. They like to feel like they're doing the watching, not that they're being watched by someone with a logical foundation.

Years of retards going against humanistic, compasdionate, the mother of light sciences. Not these false fathers mothers of darkness that rule cycles of thousands of years, and might have already destroyed our chances for peace in this timeline.

They grew up in a garbage culture and they want to defend their garbage. They don't even know how toxic it is, they'd rather blame individuals instead of establishing third party accountants/ auditors for each institution.

I left the garbage culture behind at a young age, im not like you guys, but I'll pick up some of your garbage and reflect it back at you, if that's what you like, if that's what you need, to confirm your own bias (is a lot more affordable to buy a mirror).

Tree cams, window cams, they're scared of me looking at them with the disgust they look at me. I'm not that disgusting, but I'll try to share your own hatred at all life/ earth.

That's WHEN OBSERVSTION GOES WRONG and the observers themselves need to be dissected to see why their observations result in such ways.

Only the most peaceful, at balance, harmonic cultures, should be able to observe others.

If you're an American, your a parasite by mate association, a lot of parasites can serve some purpose, but in numbers they're very bad for the health of the whole eco system.

If you don't have a harmonic lifestyle, culture, which is very easy to measure and peer review. Which has been said for years on my part.

The observers still denying a basic education. They want to be taught something else. They want to feel guilty like they are. But they can't even feel anything, they have too much power. You don't feel guilty if you're not afraid.

Fear and guilt are synonymous

You don't really know when someone is guilty, you can sometimes tell if they're afraid. But of what? It's not so easy to see. But they don't understand Jesus tried to teach the same thing.

You can either call individuals guilty, punish and shame.

Or you can heal them and attack the collectives who create the individuals and who commit mass crimes

Collective unconscious only lives due to the lack of a verifiable comm. System

Which would turn all the various collective unconscious' into one solid collective conscious.

But they're afraid of the collective conscious. Because then they won't bake too live in their false realities anymore, all these "authorities"/ delusions of grandeur (that's the definition for CEO/ corporation because non exist that can handle the criticism/ transparency)

In short, i wasn't raised with comfortable observation, i was just raised to look comfortable, and i do it good "SMILE!"

I actually want to kill you, but long term, its not a viable option. But that's what your observation does to me. It makes me want to kill you for diminishing me, reducing me to a shpeckle. That's the rage you guys give to people. You mother and fathers of darkness, you insects who don't know the blessings of mammalian companionship, touching, listening, responding, teaming

(Well some insects might achieve more companionship than most humans in usa nowadays, so i mean to target an undesirable insect. Which is what the state does to individuals. Target an undesirable. Yet once you really inspect every creature, it does seem to serve purpose, just not the ones we as humans want to upholds, or could if we one what universal human rights were or our own history...

So i don't even want to reduce you observers and garbage culture Americans to an insect, rather, just inhuman as defined by ww2 and afterwards.

Your still committing genocide, but you wear nikes and have a smart phone, so genocide isn't a big deal.

I can't even speak for myself. Under observation, if they think they're on my team or not. They don't know who i am they don't use contracts or criteria or alternative options. They'd rather project their split brain/cultural dissociation into me sjb

Sure let me be your pin cushion.

Could be worse, could be better.

Caught in limbo infinite timeliness of cultures/ generations missing the whole point.

So many tangential cultures from fairness, equality, dignity, peace, environmental harmony, for so many years, and maybe for so many more.

Please excuse me as i dissolve back into the collective unconscious again because to sit with this justified anger, these well founded fears, iys socially unacceptable.

The norm odds to not be passionate, because everyone's sleep walking and to disturb their sleep is rude. You'll be diagnosed for disturbing their doto bird sleep walk. For claiming there's something to unite over, to wake for, to join in excitement. But a lot of the time, the excitement is scary to them, its responsibility, it's movement, its what they've been trained to dislike.

Poor conditioning, poor conditions, poor leaders. Poor in spirit. Surely they're rich in materialism.

[ ] Was gonna upload the surveillance state convo " i do not believe the government made the sun"

1229

If they want to learn something, they should start filling in the cc context map

It can be get quite complex though

But you can start with the basics

Thieves

1230

It became theft when i defined the law in terms of earth creator creation caretaking

To build a harmonic environment

That's the only place i would take any teachings seriously

....

1231

444

Good nap

No more headache

Sunny Warm day

Still haven't done YouTube vlogs

Disappointed in self

Could setup Kickstart

[ ] Osu credit call

[ ] Id's

Recognized the need for patience despite an urgent call to action

[ ] Running routine soon enough, once in r3, still help negative self&/others talk

450

Shittin out that demon

[ ] Re organize portfolio for Kickstart (see 7/3 notes)

701pm

[ ] Find po report

709

People who don't or can't handle the ego death spiritual experience

The ones upholding this shitty culture

They're the problem not the weed

Fucking morons

Look at how much civil and human rights came out of the flower children 60s

What you guys been doin, huh?

Living in a pile of garbage

731

7/5

Memories good people i met

One of few

207am

Good collaborative ideas, Eugene misfits , dinosaur, shark, panda, ligjt draw bows,

224am

623am

Collaborations

624

1/4 cigarettes

12 total=3 for me

1117am

Good nap

1237

rolled 24, kept 6

[ ] Choose best 100-200 images for 50/25(front and back) page magazine - from all albums chrono order -

[ ] Dsmvivivi, father complex, commands, etc

114pm

To do

[ ] YouTube comms, daily vlogs,

[ ] Find heart from jail writings to upload or add or edit...

[ ] Find dove and crow

[v] Add to this one dsm and alternative

[ ] Make magazine with writingssjb177 and

[ ] YouTube storyboard app

[v] YouTube transcripts .txt

[v] Screenshot YouTube channels: sj battery, raw re motion, woodrose, @SpencerBarrett-vy8yg

418

Just archiving

Might shave?

7/4

[v] Police auditor research 5416825016

9am

Folloeing conversation on police reform...

"David" creating problems with people, got kicked out

906

131pm

225pm

Psilocybin

Differs

Synthetic or organic home grown

What does the creator/ grower infuse/imbibe

Into the medicine?

Intentions/ directions

1025pm

Annoying deep state agents speaking right when i wake up

As if i don't know that most these people already know me.

Their lack of organization or actual work is annoying, waiting for transparency, maybe they're accomplishing more than i see, but m